

**MINISTERUL EDUCAȚIEI
ȘI CERCETĂRII
AL REPUBLICII MOLDOVA**

**AGENȚIA NAȚIONALĂ
PENTRU CURRICULUM ȘI
EVALUARE**

Raionul

Localitatea

Instituția de învățământ

Numele, prenumele elevului

TESTUL Nr. 1

LIMBA ENGLEZĂ

TEST PENTRU EXERSARE
CICLUL LICEAL

Profil real, umanist, arte, sport
februarie, 2026
Timp alocat: 180 de minute

Rechizite și materiale permise: *pix cu cerneală albastră.*

Instrucțiuni pentru candidat:

- Citește cu atenție fiecare item și efectuează operațiile solicitate.
- Lucrează independent.

Îți dorim mult succes!

Punctaj acumulat _____

COMMUNICATIVE DOMAIN

I. Assessment of Communicative Language Competences. Reading Comprehension - 30 points.

Read the text and complete the tasks that follow.

Discovering Nature with a Smartphone

Many adults believe that phones keep teenagers indoors and away from nature. They imagine young people sitting at home, looking at screens, while parks and forests remain empty. For a long time, this idea seemed correct. Earlier research showed that more screen time often meant less time outdoors. However, newer studies suggest a more positive picture. When used in the right way, phones and digital tools can actually help teenagers feel closer to nature.

For many teens today, a phone is something they always carry with them. Rather than being a distraction, it can become a useful tool outdoors. There are apps such as *Seek* and *iNaturalist* that allow users to identify plants, birds and insects by taking a photo. A teenager walking through a park can suddenly discover the name of a tree or a butterfly. This simple moment of discovery can make nature feel more interesting and personal.

Phones also allow teenagers to take part in citizen science projects. Using apps like *iNaturalist*, young people can upload photos of animals or plants they see outside. These photos are then used by scientists to study wildlife and environmental changes. Teenagers feel that their time outdoors is useful because they are contributing to real research. Nature is no longer just something to look at, but something they can actively explore.

Another way technology helps is by making outdoor places easier to find. Apps such as *AllTrails* show walking routes, parks and nature paths near where people live. Teenagers can use these maps to plan a short walk or a weekend activity on their own. This gives them confidence and independence and makes outdoor time feel like a personal choice rather than an instruction from adults.

Even when teenagers are indoors, technology can increase their interest in nature. Research shows that online nature content can influence how young people think and feel about the natural world. For example, a study carried out by the University of Exeter in 2023 found that teenagers often view pictures and videos of nature on platforms such as *Instagram* and *TikTok*. This experience can shape their attitudes towards the outdoors and influence how they engage with nature later in real life. Research conducted in 2021 also showed that watching nature videos online can create positive emotional reactions, such as calmness and reflection. These feelings may help young people appreciate nature more when they go outside.

Of course, experts agree that phones should not replace real outdoor experiences. Spending time in nature without screens is still important. However, technology and nature do not have to be enemies. When used wisely, phones and digital tools can encourage teenagers to discover wildlife and develop a sense of responsibility for the environment.

No	Items	Score	
I.	Circle the letter of the correct option to complete the statements based on the text.	4 points	
	<p>1. According to the text, many adults think that mobile phones ...</p> <p>a) help teenagers learn more about nature.</p> <p>b) prevent teenagers from spending time outdoors.</p> <p>c) encourage teenagers to exercise in the park.</p> <p>2. According to newer studies, phones and digital tools can ...</p> <p>a) keep teenagers indoors, focused on screens, and away from nature.</p> <p>b) reduce young people's interest in parks and forests.</p> <p>c) help teenagers feel more connected to nature when used properly.</p> <p>3. According to the text, learning the name of a plant or an insect helps teenagers to ...</p> <p>a) feel that nature is more fascinating and meaningful.</p> <p>b) improve their science knowledge at school.</p> <p>c) spend more time walking in parks and forests.</p> <p>4. According to the text, ... can affect how young people think and feel about the natural world.</p> <p>a) social media platforms</p> <p>b) a short walk or a weekend activity</p> <p>c) online content about nature</p>	<p>A 0 1 A 0 1 A 0 1 A 0 1</p>	<p>A 0 1 A 0 1 A 0 1 A 0 1</p>
II.	Circle the letter corresponding to the correct option.	2 points	
	<p>1. The word '<i>replace</i>' in the text means:</p> <p>a) put back</p> <p>b) take over</p> <p>c) throw away</p> <p>2. In the text, the word '<i>wisely</i>' is closest in meaning to:</p> <p>a) sensibly</p> <p>b) politely</p> <p>c) blindly</p>	<p>A 0 1 A 0 1</p>	<p>A 0 1 A 0 1</p>
III.	Briefly answer the questions below, choosing information from the text.	4 points	
	<p>1. Which apps help identify plants, birds and insects from photos? _____</p> <p>2. What does <i>AllTrails</i> show users near their location? _____</p> <p>3. According to one of the studies, where do teenagers often see pictures and videos of nature? _____</p> <p>4. When did research show that watching nature videos online can make people feel calmer and more reflective? _____</p>	<p>A 0 1 A 0 1 A 0 1 A 0 1</p>	<p>A 0 1 A 0 1 A 0 1 A 0 1</p>

VII	What is the main idea of the text? Circle the letter of the correct option.	2 points	
	A. Smartphones are the main reason why teenagers spend less time outdoors than before.	A	A
	B. Teenagers prefer online nature content to direct contact with the natural environment.	0	0
	C. Teenagers can use digital tools to explore nature and feel more connected to it.	2	2

II. Assessment of Communicative Language Competences. Written Production - 40 points.

Write a 180-200-word text according to the given task.

No	Item	Score	
I.	<p>Today many people want to become famous. Write an essay in which you discuss the advantages and/or disadvantages of being famous.</p> <p>When writing your essay, consider the following:</p> <ul style="list-style-type: none"> • <i>introduce the topic and write what being famous means in today's society.</i> • <i>identify <u>three</u> advantages and/or disadvantages of being famous.</i> • <i>support your ideas with <u>two</u> specific examples taken from real or well-known situations (e.g. celebrities/media stories/books). You may also use personal experience. Your example should include clear details (e.g. who, when, where, how, why).</i> • <i>express your personal opinion on the issue.</i> • <i>suggest <u>two</u> lessons young people can learn from famous people's lives.</i> <p>Follow the structure of an essay: introduction, body, conclusion.</p>	40 points	
		A	A
		0	0
		2	2
		4	4
		0	0
		2	2
		4	4
		6	6
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		2	2
		4	4
		0	0
		2	2

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		4	4
		0	0
		1	1
		2	2
		3	3
		0	0
		1	1
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		1	1
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		5	5
		6	6
		7	7
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		11	11
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		0	0
		1	1
		2	2
		3	3
		4	4

